



**Psychological Humanities Minor**  
Department of Formative Education

**Program of Study**

The *Psychological Humanities Minor* consists of 18 credits, made up of one foundational course, three electives (each taken from a separate category: the Good, the Beautiful, and the True), one formative seminar, and a concluding capstone project. Students in the minor will be allowed to double-count two 3-credits courses, leaving 12 credits which may not simultaneously be counted toward the Common Core or other major/minor requirements. The minor is designed to broaden students' understanding of psychology and the closely related ethical, spiritual, and existential dimensions of human life. Students are encouraged to choose electives from below, but may request approval for electives not listed. (\*=courses that also count toward the TES major)

**Requirement #1: Foundational Course** – (3 credits) The first course every student will take upon beginning the minor is our new *Introduction to the Psychological Humanities* through the Department of Formative Education.

**Requirement #2: Electives** – (9 credits) Students will choose **three** electives, one from each category (the Good, the Beautiful, and the True) outlined below. Electives are organized so as to enliven a deeper appreciation for the transcendentals (Good, Beautiful, True) and how each informs our understanding of human mental life, the constitution of subjectivity, ethical development, and flourishing.

**Requirement #3: Formative Seminar** – (3 credits) Students will participate in one formative seminar which is meant to foster growth in students' spiritual, ethical, psychological, and professional discernment.

**Requirement #4: Capstone Course** – (3 credits)

**“The Good” Elective Offerings - (3 credits)**

Psychology and Politics\*

Psychology and the Other

Liberatory Psychotherapy

Technologies of Self and Society\*

Dialogue and Difference\*

<b>“The Beautiful” Elective Offerings - (3 credits)</b>
Madness in Literature
Dealing with Death and Existentialism
Psychology and Art
Flourishing & Floundering in Philosophy & Literature*
Aesthetic Awakenings *

<b>“The True” Elective Offerings - (3 credits)</b>
Philosophy for Psychology
Selfhood and Its Stories*
Critical Psychology
Global Mental Health
Spiritual Exercises*
Ways of Knowing*